



SHER-E-PUNJAB

RESTAURANT | BAR | TAKEAWAY

Established Since 1972

POPADOMS

Plain or Spiced Popadom (V)		£0.50
Chutney Mango Chutney, Chilli Sauce, lime Pickle, Chilli Pickle & Onion Salad	each	£0.50
Raita ♥ (V) Onion, tomato or cucumber in yoghurt		£1.95

STARTERS & MAIN COURSES

Served with Green Salad and Mint sauce.

VEGETARIAN

	STARTER	MAIN
Aloo Chat (V) Diced potato cooked with special chat masala, freshly chopped onions, cucumber and fresh ground spices, served with fried puffy bread.	£2.95	£5.90
Onion Bhaji (V)	£2.50	----
Vegetable Samosa (V)	£2.50	----
Chot Photia (V) Chick peas cooked with herbs and ground spices, served with puffy bread.	£2.95	£5.90
Paneer Tikka (V) Grilled paneer, stir fried in light spices with onions and peppers.	£3.50	£6.95
Chilli Paneer Tikka (V) Pieces of marinated vegetable paneer, tandoori grilled & served sizzling with roast onions and bell peppers.	£3.95	£7.95

SEAFOOD

	STARTER	MAIN
Jhinga Shashlik ♥ King sized prawns marinated in tandoori sauce grilled in the clay oven with onion, peppers & tomatoes	£4.50	£8.95
Garlic Jhinga Marinated and cooked king sized prawns with clove of garlic in a dry spicy sauce with onions & capsicums.	£4.50	£8.95
Tandoori Trout ♥ (B) Marinated trout chargrilled in the tandoor	£4.50	£8.95
Fish Pakora Pangash fish coated in spicy butter sauce then fried and served with salad.	£4.50	----
Jhinga on Puree King sized prawns gently spiced with garlic, ginger and onions, served with a puffy bread.	£4.50	£8.95
Prawn on Puree Prawns cooked in a thick spicy sauce with fresh tomatoes and flavoured with green herbs, served with a puffy bread.	£3.50	£6.95
Prawn Cocktail	£2.95	





STARTERS (CONTINUED)

CHICKEN & LAMB	STARTER	MAIN
Tandoori Chicken (Quarter)♥ (B)	£2.95	£5.90
Tandoori Mix Kebab ♥ Selection of chicken tikka, Lamb tikka, sheek kebab and served with salad.	£3.50	£6.95
Tandoori Lamb Chops (B) Tender lamb chops, marinated in yoghurt & fresh ground spices then roasted in a tandoori on skewers.	£4.50	£8.95
Sheek or Shami Kebab	£2.95	----
Nargis Kebab	£2.95	----
Chicken Shashlik ♥ Tender pieces of diced chicken marinated with spices then cooked in the tandoori and served with grilled tomatoes, capsicums and onion.	£2.95	£5.90
Chicken Tikka or Lamb Tikka ♥	£2.95	£5.90
Chicken Pakora Strips of chicken breast coated in spicy butter sauce then fried and served with salad.	£2.95	£5.90
Chicken Chat Diced chicken cooked with special chat masala, finely chopped cucumber and freshly ground spices, served with a puffy bread.	£2.95	£5.90
Chicken or Lamb Samosa	£2.50	----
Mirchee (Stuffed Pepper) Whole pepper tandoori roast, stuffed with keema, onions & coriander.	£3.50	----
Achari Aloo Murghi Fillet of spring chicken diced and cooked in aromatic blend of citrus lime, fennel, spring onions, baby potatoes a rich starter.	£3.50	£6.95
Modhu Chicken Marinated chicken tikka with garlic, ginger low fat yoghurt, coated with corn flour, butter and honey.	£3.50	£6.95
Tandoori Mixed Grill A feast for tandoori lovers, tandoori chicken (B), chicken tikka, Lamb tikka, sheek kebab, king prawn, nan bread served with fresh salad.	----	£9.95

DESSERTS

Fritter (Banana or pineapple)	£2.50
Kulfi (mango or pistachio)	£2.50

DRINKS

Coke, Diet Coke, Lemonade 1.5ltr	£2.50
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CHEF'S FAVOURITE DISHES

Chicken or Lamb Tikka Massala (N)	£6.95
Tender pieces of boneless chicken or lamb grilled in tandoor and cooked in a rich sauce ~ mild.	
Tandoori King Prawn Massala (N)	£9.95
King prawn grilled in tandoor and cooked in a rich sauce ~ mild.	
Garlic Butter Chicken	£6.95
Marinated pieces of boneless chicken cooked with garlic butter, lots of spices in a rich sauce ~ medium to mild.	
Murghi Keema Jalfrezi ♥	£7.95
Marinated chicken cooked with mince chicken in spicy sauce with fresh chillies, onions & capsicum ~ hot.	
Tawa Peshwari Jalfrezi ♥	£7.95
Tender pieces of boneless chicken cooked with tomatoes, green chillies and onions in a spicy hot sauce ~ fairly hot.	
Korahi Tikka Khyberi	£7.95
Tender chicken or Lamb cooked in khyberi sauce with onions, tomatoes and capsicums ~ medium.	
Murgi Makani (N)	£7.95
Mildly spiced chicken roasted in tandoor and served with special sauce, garnished with nuts & cheese ~ mild.	
Dilkush ♥	£8.95
Cocktail consisting of prawns, chicken, Lamb and mushrooms. Medium spicy dish.	
Sylhet Palak ♥	£7.95
Chicken and mince Chicken cooked with spinach and hint of green chilli.	
Tandoori Murghi Musalam	£7.95
Marinated tandoori chicken cooked with minced chicken and medium spices, garnished with egg ~ medium.	
Shashlik Bhuna	£9.95
Marinated King Prawns with barbecued onions, tomatoes, capsicum cooked with bhuna sauce.	
Maach Bhuna (fish)	£8.95
Tropical Bengal fish cooked in our unique blend of spices to create a delightful dish. A delicacy of Bengal ~ Medium.	

SIGNATURE DISHES

Mangso-De-Khyberi	£8.95
Diced spring lamb, simmered in olive oil with shallots, fresh garlic & ginger then cooked with spiced minced lamb on a tomato, coriander based stock, finished with a topping of pan fried cheery tomatoes.	
Dhamaka Chicken Jafrani	£8.95
Succulent pieces of spring chicken garnished with black pepper, it is then simmered in olive oil with onions, fresh garlic & ginger, then cooked in a stew like onion, vegetables and coconut stock, reduced with the addition of aubergine, chillies and young leaves, a medium dish.	
Palak Paneer Begun Bahaar	£7.95
Fresh spinach, aubergine, cottage paneer & mushroom cooked in semi dry sauce with olive oil, then pan fried with ginger, garlic and shallots, medium-hot garnished with coriander.	
Dhakiya Jhool	£8.95
Succulent pieces of tender chicken cooked with shallots, garlic & coriander in with potatoes, cherry tomatoes & baby spinach, full of flavour. Medium hot dish.	
Shahi Moglai Chicken	£7.95
Marinated spring chicken simmered in caramelised onions, garlic & butter then cooked in a creamy sauce made of mangos, bananas and coconut, a delightful buttery dish, slightly fruity Moghul Dish.	



TRADITIONAL SPECIALITIES

A selection of popular dishes recognised by everyone and which have been enjoyed by generations of curry lovers. Although the taste may vary from chef to chef the old favorites remain the same!

Madras

Cooked with tomato and lemon juice

Bhuna

Cooked with garlic, onions tomato, green herbs with selected spices, medium

Sagwalla

Cooked with fresh spinach and spices, medium

Dupiaza

Cooked with diced onion and green peppers, medium spiced

Roshuni

Medium dish cooked with herbs & spices and garlic flavour

Korma (N)

Cooked with mild spices in a creamy sauce

Rogon

Medium dish cooked in a thick sauce garnished with fried onions & tomato

Dansak

A delicious combination of spices pineapple & lentils slightly hot sweet & sour

Ceylon

Cooked with slightly hot spices with coconut & a hint of natural lemon

Jalfrezi

Cooked with fresh green chillies, onion & green peppers an exotic hot dish

Pathia

Cooked with tomato concentrate and spices, fairly hot sweet & sour

The above dishes can be prepared with the following:

Chicken	£6.50
Lamb or Prawn	£6.50
Chicken or Lamb Tikka	£6.95
King Prawn	£9.95
Vegetable or Mushroom (V)	£5.95

COMBINATION DISHES

The following selections are served as two half portions (Rice or Nan not included)

If the selection is not of your choice, select any two dishes from above.

1. Chicken Korma & Chicken Balti	£8.95
2. Methi Gosth & Garlic Chilli Chicken	£8.95
3. Chicken Tikka Massala (N) & Chicken Tikka Bhuna	£9.95
4. Garlic Chicken & Prawn Sagwalla	£8.95
5. Lamb Pathia & Chicken Dansak	£8.95
6. King Prawn Sagwalla & King Prawn Jalfrezi	£9.95
7. King Prawn Pathia & King Prawn Chilli	£10.95
8. Vegetable Bhuna & Sag Chana Bhuna (V)	£8.95

BALTI SPECIALITIES

ALL OF THE TRADITIONAL DISHES, CAN BE PREPARED AS BALTI DISH.

Balti Dishes use a unique spicy recipe to give the dish a richer and spicier taste, cooked with special spice fresh tomatoes, green pepper and coriander.

Mushroom or Vegetable (V)	£6.50
Chicken, Lamb or Prawn	£6.95
Keema Peas	£6.95
Chicken Tikka or Lamb Tikka	£7.95
King Prawn	£9.95
Mix Balti (chicken, lamb, prawn & mushroom)	£9.95

BIRYANI DISHES

Special Basmati rice treated together with Chicken, Lamb, King Prawn, Prawns or our tandoori selection. Served with a mixed vegetable curry.

Chicken or Lamb Biryani	£6.95
Prawn Biryani	£6.95
Chicken or Lamb Tikka Biryani	£7.95
Tandoori Chicken Biryani	£7.95
Fish Biryani	£8.95
King Prawn Biryani	£9.95
Vegetable Biryani (V) (Vegetable or Mushroom)	£6.95
Mix Biryani (Meat, Chicken, Prawn, Mushroom & a omelette on top)	£9.95

(V) Suitable for Vegetarians

♥ Healthy choice. (All meals will be cooked in Olive Oil)

(N) Contains Nuts. (Other dishes may contain traces of nut, please ask for more details)

(B) On the Bone. (Some of our seafood dish may contain shell/fish bones)



VEGETABLE DISHES (V)

	SIDE DISH	MAIN DISH
Katchuri Dhansak Sweet and sour lentil ball in crispy pastry with spicy lentil sauce.	----- served	£6.95
Paneer Tikka Massala (N) Cottage cheese skewered in the tandoori and cooked in a rich sauce ~ mild.	-----	£6.95
Korma Aloo Kofta (N) Spice deep fried potato in a delicious mild creamy sauce.	-----	£6.95
Malai Kofta (N) Fresh vegetable balls served with nuts, raisins in our special rich creamy sauce.	-----	£6.95
Aubergine Kofta (N) Fried Aubergine blended with Malai Kofta in a sweet & sour sauce.	-----	£6.95
Mix Vegetable Curry	£2.95	£5.95
Mushroom Bhajee	£2.95	£5.95
Sag Paneer Indian cottage cheese & spinach	£2.95	£5.95
Cauliflower Bhajee	£2.95	£5.95
Bombay Aloo Spiced potato	£2.95	£5.95
Sag Aloo	£2.95	£5.95
Aloo Gobi Potato & Cauliflower	£2.95	£5.95
Sag or Mix Vegetable Bhajee	£2.95	£5.95
Dall Tarka Lentils with fried garlic	£2.95	£5.95
Chana Bhajee Chick peas	£2.95	£5.95
Bhindi Bhajee Okra	£2.95	£5.95
Sag Mushroom	£2.95	£5.95

WESTERN SPECIALS

Sirloin Steak & Chips (12 oz) served with fried onions & mushroom	£9.95
Scampi & Chips	£6.95
Fried Chicken & Chips off the bone	£6.95
Chicken or Prawn Omelette & Chips	£6.95
Mushroom Omelette & Chips	£6.95
Cheese Omelette & Chips	£6.95
Fried Garlic Mushroom	£2.65
Chicken Nuggets, Chips & Beans (Kids Meal)	£3.95
Fish Fingers, Chips & Beans (Kids Meal)	£3.95
Indian Dishes Available (Kids Meal) From	£3.95
Green Salad (V) ♥	£2.00
Extra Cheese	£1.00
Chips	£1.95



RICE

Boiled Rice ♥ (V)	£1.85
Pilau Rice (V)	£1.95
Fried Rice (V)	£1.95
Egg Fried Rice	£2.50
Vegetable Fried Rice (V)	£2.50
Mushroom Pilau Rice (V)	£2.50
Garlic Fried Rice (V)	£2.50
Garlic Mushroom Fried Rice (V)	£2.95
Special Pilau Rice With egg, peas & mushrooms	£2.95
Keema Pilau Rice With mince chicken	£2.95
Chips (V)	£1.95

NAN

Plain Nan	£1.85
Garlic Nan	£1.95
Keema Nan	£1.95
Peshwari Nan (N)	£1.95
Vegetable Nan (V)	£1.95
Cheese & Onion Nan	£2.50
Garlic & Keema Nan	£2.50
Cheese & Keema Nan	£2.95
Garlic, Cheese & Onion Nan	£2.95
Tandoori Roti ♥ (V)	£1.25
Chapati ♥ (V)	£0.90
Paratha (V)	£1.95
Stuffed Paratha (V) With vegetable	£2.50
Puree (V)	£0.90



HAPPY HOURS

(SUNDAY AND THURSDAY)

1 GLASS OF WINE OR BEER

PAPADOM & CHUTNEY TRAY

ANY STARTER

ANY MAIN COURSE.

ANY RICE OR NAN BREAD

AND COFFEE.

FOR **£13.95** Per Person

Highly recommended to book in advance.

